

Client of the Month ~ Reliance House

It is probably a misnomer to say that **Reliance House** is a client. I am an advisor to this non-profit service company, which is located in Norwich. But I still want to share information on them with you, because they do such 'good work'. **Reliance House** is a private, non-profit agency that is funded by grants from the State of Connecticut and by private donors (both grants and individuals).

Reliance House began in 1976 as the Leisure Center to provide a supportive community environment for those living at or transitioning from Norwich State Hospital. During the closure of the Hospital in 1996, **Reliance House** served as a primary source of support for those re-entering the community. Today, this non-profit organization provides a variety of supports and services for individuals experiencing mental illness, addiction, and developmental disabilities.

Reliance House provides a variety of services that include:

- Individual Goal Planning
- Employment and Educational Counseling
- Social and Recreational Activities
- Community Resource Assistance
- Residential Opportunities
- Budgeting Assistance
- Housing Services
- Transportation
- Skills Training
- Peer Supports
- Advocacy



Reliance House provides services to individuals in the towns of Baltic, Bozrah, Colchester, Fitchville, Franklin, Gilman, Glasgow, Greeneville, Griswold, Hanover, Jewett City, Lisbon, N. Franklin, N. Westchester, Norwich, Norwichtown, Occum, Preston, Salem, Taftville, Versailles and Yantic.

Through their outreach programs, **Reliance House** also provides services in Norwich for people who are homeless or at risk of homelessness, assisting them with shelter, food and clothing, assistance in obtaining entitlements, mediation and referral to legal and financial support services.

Their Community Outreach Program is designed to focus on three aspects of society: individuals who might improve their quality of life by linking with mental health service; local business owners and employees who may provide resources for people; individuals who live in the Norwich area who are interested in becoming more educated about mental health and the services available in their community.

To learn more about **Reliance House** and the assistance they provide, you can contact:

Reliance House, Inc.

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860-887-6536

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