

## Client of the Month ~ Lighthouse Psychoeducational Services

I get a chance to meet a lot of interesting people at networking events sponsored by the local Chambers of Commerce. One of them is profiled here as my Client of the Month. Maureen Shea, NCSP/LPC, opened her own business, Lighthouse Psychoeducational Services in New London, CT. Maureen is a Nationally Certified School Psychologist, Licensed Professional Counselor, and School Neuropsychologist. LPS offers an experienced staff to assist children (young children, teens and young adults), families and other licensed professionals (educators and medical/mental health professionals) with a variety of school neuropsychological services, always with the goal of moving these challenged young people forward in life.

LPS services include:

- Psychoeducational assessment
- Counseling and coaching
- Advocacy services
- Giving workshops and presentations
- Coordinating child/youth-centered services
- Coaching students
- Facilitating wellness groups
- Academic remediation/tutoring
- Cultural competency



Maureen with Merlot and Blessing

Why school neuropsychology and what is it?

School neuropsychology is a fairly new subspecialty within the profession of school psychology. It involves the integration of neuropsychological and educational principles into the assessment and intervention processes with children, youth, and young adults to facilitate learning and behavior within the school and family systems. School neuropsychologists also play an important role in curriculum development, classroom design, and the integration of differentiated instruction that is based on brain-behavior principles, also called brain-based learning, in order to provide an optimal learning environment for every child

Why call your business Lighthouse Psychoeducational Services?

"My business is named after Ledge Light Lighthouse, which I am fortunate to see when I look out my window. It stands solidly in the middle of the Thames River, welcoming all of the boat traffic into New London Harbor and saluting as they leave. It is a unique shape for a lighthouse, being squat and square with a little mini light tower at the top which looks out-of-proportion to the massive building it sits upon. When I did a little research I learned that this lighthouse was built in 1909 and designed in what's called the French Second Empire style. So much for me calling it squat and square. It is, indeed a lofty design!"

"Like all lighthouses, Ledge Light is reported to be haunted. In this case by a former lighthouse keeper, Ernie. When he learned that his wife had supposedly run off with the captain of the Block Island ferry, Ernie ended his life. He either fell from the roof of the lighthouse or jumped, depending on who is telling the story. Jeremy D'Entremont, author of "The Lighthouses of Connecticut" has said that doors at Ledge Light have been known to open and close mysteriously; decks have been swabbed themselves, although the lighthouse is now automated; and the foghorn seems to turn on and off for no reason. D'Entremont spent a night on Ledge Light and he believes a "spirit" is there."

"So there is a mystique about the lighthouse I see every day. Yes, it looks different from what I thought lighthouses should look like but, by taking the time to research and get to know the lighthouse, I realize I have a special neighbor in my 'front yard' and it is probably haunted—by the spirit of pride for its uniqueness and its special qualities. I like to think the clients I work with are special and unique too, with wonderful qualities that may need to be discovered and 'repairs' that may need to be made, but one-of-a-kind like my lighthouse."

You can contact Maureen Shea, at LPS at 860/442-1133 or through her website [www.lighthousepsyched.com](http://www.lighthousepsyched.com).

Information provided for you by **Marilyn K. Dayton, Business/Marketing Specialist**  
<http://maredayt.homestead.com> ~ [maredayt@yahoo.com](mailto:maredayt@yahoo.com) ~ 860-389-2521

